



# HENDRICK HUDSON CENTRAL SCHOOL DISTRICT

61 Trolley Road • Montrose, New York 10548 • [www.henhudschools.org](http://www.henhudschools.org) • Phone (914) 257-5100 • Fax (914) 257-5121

June 2023

Dear Parents,

As of July 1, 2018 New York State law requires a health examination for all students **entering the school district for the first time and when entering K, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade.**

Physicals need to include your child's BMI (Body Mass Index). The examination may be completed up to a year before the school year for which it is required and the health certificate must be submitted within 30 days of the start of the new school year. Please check the date of your child's last physical examination to see when it was performed. If it was before September 5, 2022, you will need to schedule another exam for your child before the start of the next school year. The documentation (health certificate) must be submitted to school within 30 days of the start of the school year (by October 6, 2023).

If your child has an appointment for an exam during this school year that is after the first 30 days of school, please notify the Health Office with the date.

Health appraisal forms may be downloaded from the district website on the Health Services page, or obtained from the School Nurse's office.

If you have any questions, please feel free to call or email your school nurse.

Sincerely,

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[2023-2024 NYS Immunization Requirements  
Required Physical Form](#)